



ANNUAL REPORT 2023-24

*We believe in changing lives by empowering and
caring for the underprivileged communities in India*

Table of Contents

Sr. No.	Particulars	Page No.
1	About Us	3
2	FY 2023-24 - The Year Gone By....	3
3	The Geographical Spread of KamalUdwadia Foundation Projects	4
4	Areas of Interventions	5
5	New Initiatives undertaken in FY 23-24	5
6	Integrated Rural Development of 30 Villages in Loha Block of Nanded District i) Health and Nutrition with Swayam Shikshan Prayog ii) Sustainable Solid Waste Management with EcoSattva iii) Environmental Solutions Pvt. Ltd. iv) Project Kaushalya - Digital Literacy & Sports with Sanskriti Samvardhan Mandal v) Community Water Purification Plant with Bala Vikasa	6-14
7	Deafblind Services in East India with Sense International India	15
8	Comprehensive Education and Rehabilitation Services For Persons with Deafblindness, Multiple Disabilities, Cerebral Palsy, Intellectual Disability and Autism in Goa	16-17
9	Project Evolve - A Diploma in Applied Arts for Young Adults with Special Needs	18
10	Pediatric Neurology Outreach Program in Dhule and Nanded Districts, Maharashtra	19-20
11	Empowering Young Adults Having Developmental Disabilities through Culinary Skills Training	21-22
12	Other Interventions and Activities undertaken in FY 2023-24	23
13	Plans for FY 2024-25	24
14	Our Partners	25

About Us

KamalUdwadia Foundation is registered as a not-for-profit company u/s 8 of The Companies Act 2013, in Mumbai. It is largely a grant-making organization with primary areas of focus being healthcare and education. Incorporated in early 2019, the year 2020-21 marks the first year of the organization's full-scale projects.

Dr. Anaita, her brother Navroz & their parents, Nergis and Darius Udwadia had always wanted to set up a non-profit organization for children with neurological concerns, in memory of their younger sister & daughter, Kamal. Thus, the idea for the KamalUdwadia Foundation was conceived. Dr. Anaita, her husband Dr. Hemanth along with their three children, Varun, Rohaan and Anya actively participate in activities of the Foundation.

KamalUdwadia Foundation (KUF) aims to improve the lives of the communities they work with, by empowering them through various interventions. The Foundation's initiatives are spread across the health, disability, livelihood, education, water and sanitation sectors. KUF's approach is to bring about holistic development by collaborating with multiple stakeholders namely, the local communities, partner organizations and government agencies.

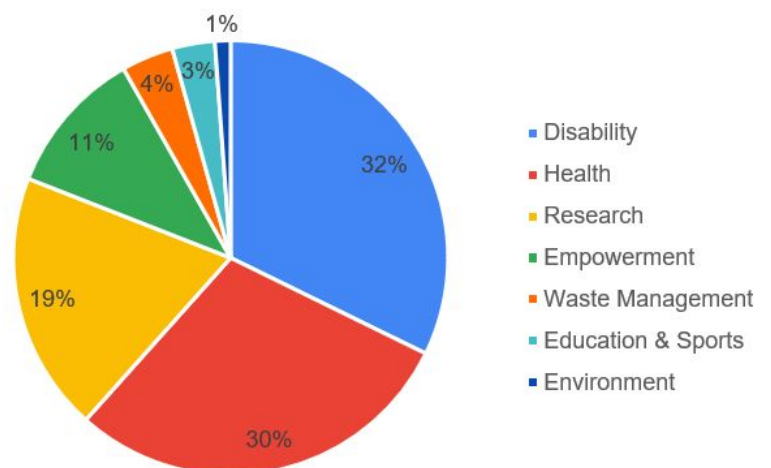
FY 2023-24 - The Year Gone By...

In FY 2023-24, all projects supported through KUF continued as planned with regular monitoring & evaluation. This year, three new projects were also introduced

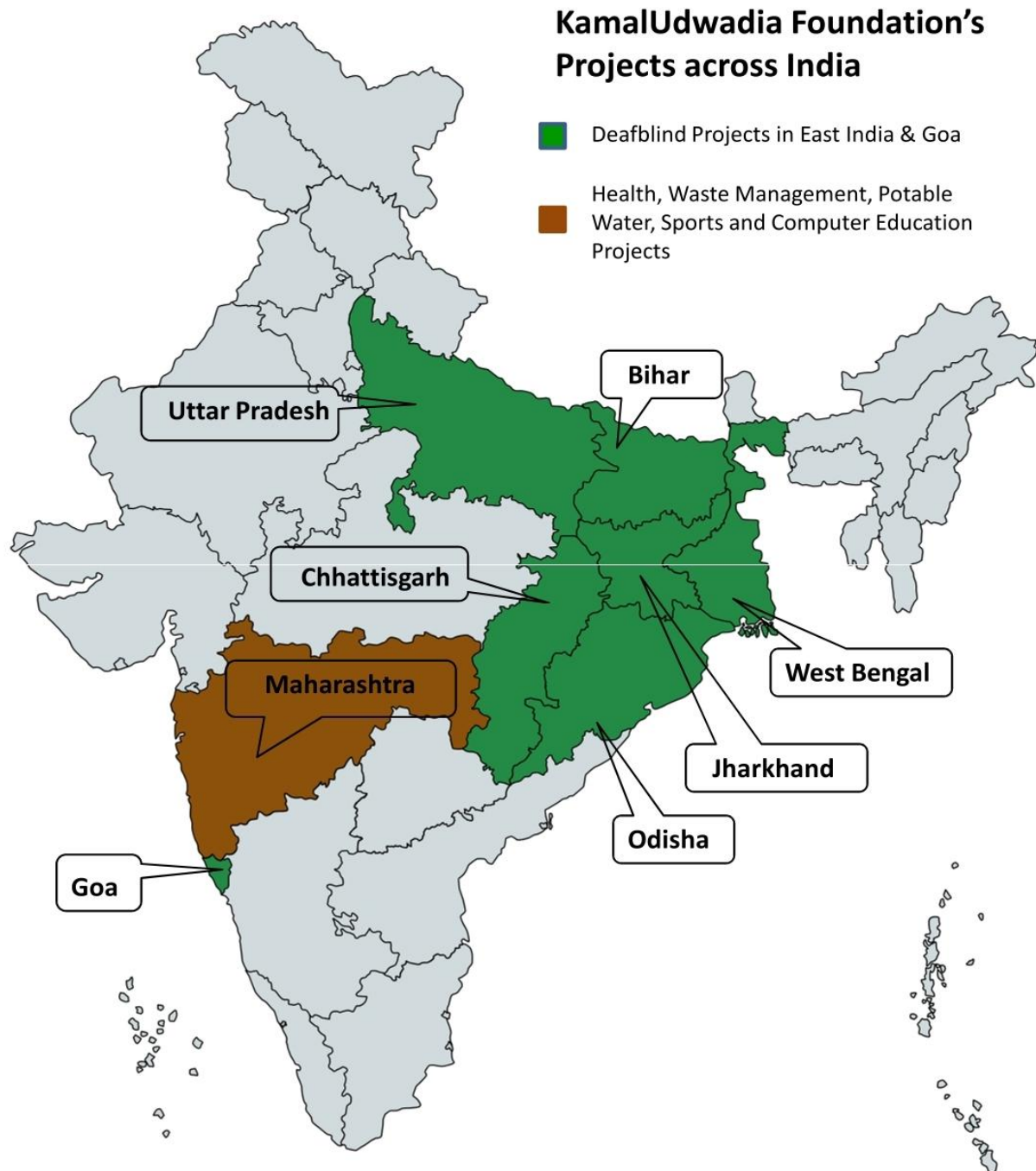
- I. Community Water Purification Plants in Loha
- II. Miyawaki Forest plantation in Loha
- III. Cancer Research Study at Tata Memorial Hospital

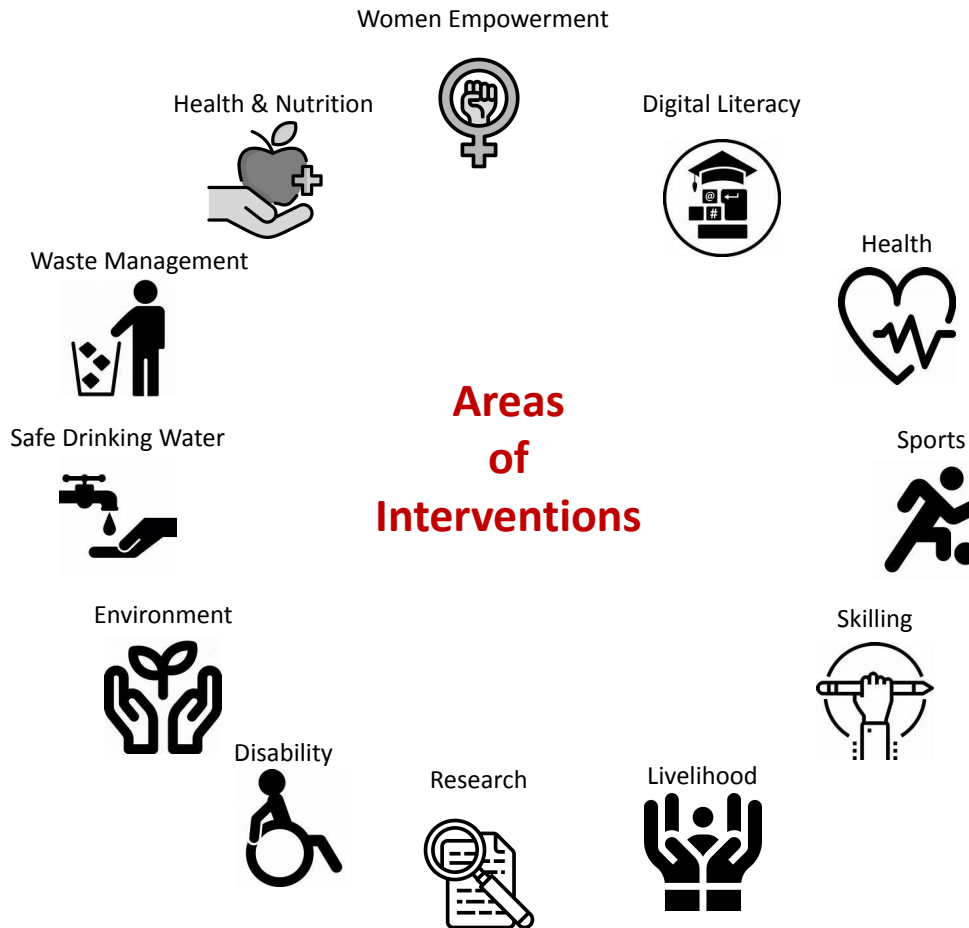
Following is a snapshot of the sector wise grants made by the foundation.

KUF's Philanthropic Portfolio Grants made in FY 2023-24		
Cause	Amount	% of Total
Disability	83,46,305	32%
Health	75,94,586	30%
Research	50,00,000	19%
Empowerment	28,11,000	11%
Waste Management	10,00,000	4%
Education and Sports	8,21,875	3%
Environment	3,00,000	1%
Total	2,58,73,766	100%



The geographical spread of KamalUdwadia Foundation's projects





New Initiatives undertaken in FY 23-24

Community Water Purification Plant - Access to purified water in five villages of Loha block in Nanded district with implementing partner, Bala Vikasa.

Miyawaki Forest Plantation - The Miyawaki method of afforestation is being undertaken by engaging school children in the plantation in two villages of Loha block in Nanded district with implementing partner, EcoSattva Environment Solutions.

Cancer Research Study at Tata Memorial Center - This is an innovative study, that is trying to develop a low-cost affordable treatment regimen with low doses of an immunotherapy agent called Pembrolizumab with the implementing partner, Tata Memorial Center

Projects undertaken in FY 2023-24

Integrated Rural Development of 30 villages in Loha block of Nanded district in Maharashtra

Nanded was one of the preferred geographies by KUF to undertake social development initiatives since Dr Anaita Udwadia Hegde had been undertaking Pediatric Neurology camps there twice every year. While trying to understand the needs of this geography, KUF was introduced to the organization, Swayam Shikshan Prayog (SSP) who undertook a needs assessment survey.

Based on their needs assessment, SSP proposed the Loha block which had a **high prevalence of malnutrition and anemia**. With an intent to address these issues, KUF partnered with SSP in mid-2019. **SSP identified 30 villages in the Loha block** of the Nanded district and along with an Impact Assessment Agency, Impactree, who undertook a baseline survey that highlighted issues that needed to be addressed immediately as well as long-term issues.

The immediate priorities were 1) Anemia in women 2) Malnutrition in Children above 5 years 3) Malnutrition in pregnant & lactating women 4) Lack of proper water treatment & toilet usage 5) Very little gap in pregnancies

The long-term issues to address: 1) Lack of women's participation in leadership 2) High dependency on agriculture for livelihood 3) Early marriage and childbirth

Taking the learnings from the Baseline, KUF started the work in these 30 villages of the Loha Block



I. Health & Nutrition with Swayam Shikshan Prayog:

The project began in November 2019, with focused interventions in Health & Nutrition. The uniqueness of this project is the primary involvement of women as community facilitators at the core – nominated as Arogya Sakhis. Over the years, the Arogya Sakhis have become the women leaders who are the on-ground connect for all interventions. This year continued its focus on the health and nutrition aspects by encouraging women to take up kitchen gardening, one-acre farming, consumption of vegetables, etc. The project, also, introduced a bi-annual HB testing to provide special support to high-risk women.

Cause areas supported:



Women Empowerment



Livelihood



Health & Nutrition



Sanitation

Project Objectives

- Facilitate Holistic Development of 30 villages of Loha through Health, Nutrition, and Livelihood interventions
- Empowering women by undertaking activities to improve their health & lifestyle; by helping them gain financial independence via livelihood activities
- Create space for them to become leaders and participate in actively bringing about social change

Project Activities

- Counseling Support
- One Acre Farming
- Kitchen Gardening
- Sanitation and Personal Hygiene Practices
- Agriculture and Agri-allied entrepreneurship
- Support and guidance to acquire social entitlements
- Access to government schemes
- Encourage the participation of women in governance.

Outcomes & Impact

- ❖ 3114 Households reached
- ❖ 30 women leaders known as Arogya Sakhis trained to undertake project activities
- ❖ 2849 women undertaking Kitchen Gardening
- ❖ 100% institutional deliveries
- ❖ 70% of women have followed a gap of more than 2 years in pregnancies
- ❖ Formation of “Prema Sakhi Farmers Producers Organisation”
- ❖ Reduced Anemia
- ❖ Improved health of the women and adolescent girls
- ❖ Increased women’s participation in decision-making and village-level committees
- ❖ Improved livelihood of women



I. Sustainable Solid Waste Management With EcoSattva Environment Solutions Pvt. Ltd.

Program Overview: While working in the Loha block, it was observed that waste management was one of the areas that needed intervention. Dry waste was seen accumulated in open spaces of the villages. With a view to having cleaner villages, the Solid Waste Management project was started in early 2023 in six villages of Loha with EcoSattva Environment Solutions. A **baseline survey** conducted by them showed a **lack of awareness about waste segregation and disposal**. It also showed **harmful practices like burning plastic for fuel** being commonly followed.

Cause areas supported:



Waste Management



Environment

Project Objectives

- Setup systems and processes for Solid Waste Management
- Create awareness in the community on Waste Management
- Create livelihood opportunities for local people by involving them in waste collection, segregation, and forward linkages

Project Activities

- Weekly dry waste collection
- Distribution of Barcode bin bags, a unique practice to digitally track the collection status
- Clean up drive with school students and teachers
- Awareness sessions in community and schools on Ideal waste management
- Creating pocket parks with the waste collected

Outcomes & Impact

- ❖ Weekly waste collection was done in 1950 Households + Commercial set up in six villages.
- ❖ Set up of centrally located Material Recovery Facility (MRF) for storage and transportation of Dry waste
- ❖ 7344 Kg of Dry waste being collected from all six villages so far

- ❖ 41 out of the 53 Identified Garbage Vulnerable Points have been cleaned & eliminated.
- ❖ Huge support and participation garnered from the community to spread awareness about the importance of a clean village
- ❖ Children participate in regular cleanup drives and act as change agents known as 'Swachata Doot' who ensure people don't litter or throw waste in public spaces.



I. Project Kaushalya - Digital Literacy and Sports with Sanskriti Samvardhan Mandal

Program Overview: In one of the visits to Loha, Dr Anaita and Dr Hemanth of KamalUdwadia Foundation happened to meet the women and children of these villages. When the children were asked what they wanted, one of their requests was a space to play and computers to learn. Adolescent girls in these villages hardly step out to play. With the aim to provide equal opportunity to every girl and boy to be able to play and learn; Project Kaushalya was introduced in January 2023.

Cause areas supported:



Digital Literacy



Sports

Project Objectives

- Provide equal opportunity to every girl and boy to be able to play and learn
- To Sensitize Parents, school authorities, teachers and community about the importance of Sports and Computer Education in the overall development of a child.
- To generate and understand interest of the community and accordingly engage with the community to bring in the necessary infrastructure and expertise in sports and digital literacy.
- To build capacities of teachers and village level committee to be able to continue with the required training and maintenance of the facilities.
- To encourage and provide further opportunities to children into taking up sports or computer education professionally.

Project Activities

- Basic and Advanced Computer training
- Sports training in various sports like Kho, Kabaddi, Volleyball & Running
- Facilitate Inter-School Competitions
- Parents counseling on Sports & Technology related career options
- Capacity building of teachers



Outcomes & Impact

- ❖ 1052 students across 5 Zilla Parishad Schools
- ❖ Computer set up in each of the 5 schools with power backup
- ❖ One Computer teacher and one physical teacher are hired for each school
- ❖ Started with basic computer skills like Microsoft Office - Word, Excel, PowerPoint and Paint. Students will be further taught Tally, Photoshop, Pagemaker, etc.
- ❖ Students are being trained in Kho Kho, Kabaddi, Volleyball and Running
- ❖ Parents and children are showing interest in their children learning computers and sports.
- ❖ Schools wholeheartedly supported the project by providing space, furniture, and electricity, and some schools even provided a few computers.
- ❖ Girls have also started playing sports which earlier they did not have an opportunity to play



I. Community Water Purification Plant with Bala Vikasa

Program Overview: Access to safe drinking water still remains a major problem for most of the rural poor communities. After working in the Loha block for 3 years, access to purified water was another gap identified. This is when Bala Vikasa was introduced which had already set up a water purification plant in Nanded in 2011 which is functional to date.

Cause areas supported:



Safe Drinking Water

Project Objectives

- To motivate communities of 5 villages on safe drinking water, the consequences of consuming unsafe drinking water, and the means to overcome the situation
- To enhance the mobilization, motivation, management, and leadership skills of the committee members from 5 villages
- To establish 5 water purification plants in the villages and liberate communities from the evils of consuming unsafe drinking water.

Project Activities

- Awareness meetings with locals, Gram Panchayat on Safe Water Drinking practices
- Formation of Water Committee in all 5 villages.
- Conduct training and exposure visits for the capacity building of the committee members
- Community Contribution campaign for water plant seed money
- Provide technical support to the committee on plant maintenance, Monthly account reports, and documentation



Outcomes & Impact

- ❖ A water purification plant is up and running in all the five proposed villages.
- ❖ 5 water purification project committees were established with 10 members each who are trained at Bala Vikasa Center in Hyderabad to be able to monitor the project with their improved leadership skills.
- ❖ 5 operators trained that are able to address minor repairs of the plant
- ❖ Provision of space and seed contribution availed from the community and Gram Panchayat.
- ❖ Access to safe drinking water at an affordable price of Rs 3 to 5 per liter which was earlier Rs. 15 to 20.



Deafblind Services in East India with Sense India International India

Program Overview: The project aims to impact the lives of persons with deafblindness and multiple disabilities and their families living in eastern India through strengthening Civil Society Organisations (CSOs), capacity building of parents and teachers, advocacy with local government, and setting up models centers in each of the six states - UP, Bihar, Jharkhand, Chhattisgarh, Odisha, and West Bengal. The project also aimed to:

- Build an overall ecosystem in the east region to address the needs of persons with deafblindness/MD.
- Train and sensitize family members, teachers under the inclusive education program (Samagra Shiksha), Govt. officials from departments like health, education, and social justice, and CSOs in the region over the three years.

Cause areas supported:



Disability



Empowerment

Program Activities

- Early Identification & Intervention | Education | Rehabilitation & Vocational training
- Capacity building of partner organizations
- Training & sensitization of parents, teachers, and govt. Officials

Outcomes & Impact (2023-2024)

- ❖ 1400+ parents/family members trained on deafblindness
- ❖ 1000+ SSA teachers trained to enable them to deal with children with deafblindness and multiple disabilities
- ❖ Built a network of over 50 organizations and trained over 250 of their employees
- ❖ 47000+ persons with deafblindness and MD impacted through overall ecosystem building



Comprehensive Education and Rehabilitation Services for Persons with Deafblindness, Multiple Disabilities (MD), Cerebral Palsy (CP), Intellectual Disability (ID) and Autism in Goa

Program Overview: Sense International India (SII) started services for persons with deafblindness and MD in both North & South districts of Goa in partnership with Caritas Goa in the year 2012 which is now recognized as a state center on deaf blindness represented on various committees by Goa State Govt. In the last ten 10 years, they have reached out to 118 children and adults with deafblindness and MD, trained and sensitized NGO professionals, disability organizations, Samagra Shiksha Abhiyan teachers, govt. officials and parents.

During the course of their work, SII realized that there is a lack of organizations that cater to the needs of children and adults with ID, CP, and autism at the community level. A large population of persons with deafblindness, MD, autism, CP, and ID is still to be reached. In 2023, KUF & KIF, UK agreed to extend support to SII in this unique pilot project in reaching out to persons with deafblindness, MD, Autism, CP & ID in Goa.

Cause areas supported:



Disability



Empowerment

Program Activities:

- Early Identification & Intervention | Education | Rehabilitation & Vocational training
- Capacity building of partner organizations
- Sensitization of parents, teachers, and govt. Officials



Outcomes & Impact

- ❖ 201+ Children receive Centre-based / CBR-based / Home-based services comprised of medical, early intervention, therapy, education & rehabilitation support services.
- ❖ 180+ Parents/ family sensitized on deafblindness, CP, MD, ID & Autism
- ❖ 56+ Government officials trained/sensitized towards deafblindness, MD, CP, ID, and Autism
- ❖ 48 + Employees of network NGOs who received training at the Regional level on deafblindness, MD, CP, ID, and autism.
- ❖ 124+ Parents joined in the network groups at both the North & South zones.
- ❖ 300+ Children/persons with deafblindness and MD impacted through overall ecosystem building.



Project Evolve - A Diploma in Applied Arts for Young Adults with Special Needs

Program Overview: Diploma in Applied Arts is a four-year program designed and run by Child-N-You in collaboration with Maniben Nanavati Women’s College in Mumbai for young adults with special needs.

- The objective is to enable students to become active contributing members of society by helping them identify their skills, hone their strengths to match industry standards, work on their social skills, and soft skills, and build the required expertise to be able to work with other individuals and industrial professionals.
- The first year of the first batch was completed in December 2023 with 7 students

Cause areas supported:



Disability



Empowerment



Skilling

Course Details

- The course commenced in Jan-2023
- 6 enrollments | 4 days a week | Online & Offline classes
- Subjects covered - Culinary Skills, Textiles & Design, Fine Arts and Ceramic Art
- Field trips for exposure

Outcomes & Impact

- ❖ A formal diploma course for special needs children to make them employable and independent
- ❖ Students are not only learning skills across the curriculum but are also able to interact socially with others and build confidence



Pediatric Neurology Camps in Dhule and Nanded Districts, Maharashtra

Program Overview: The basic concept and implementation of healthcare programs is till date eluding the rural population of India. Children suffering from neurological disorders and epilepsy are not provided proper intervention and most of the time are not diagnosed and remain unattended for most of their early lives. Jai Vakeel Foundation and the Neurology Department of B.J. Wadia Hospital for Children under the leadership of pediatric neurologist Dr. Anaita Udwadia Hegde have been conducting rural medical camps since 2010. They went across Maharashtra conducting the rural medical camps to reach out to these children suffering from neurological disorders. Later, Two Districts were shortlisted, Nanded and Dhule where these camps were conducted every year to provide holistic interventions which include medical, therapeutic, orthotic, nutritional, psychological, speech, and auditory assessments and interventions.

Cause areas supported:



Health



Intellectual Disability

Program Highlights:

- 14 years | 58 Camps held to date
- 27000+ children with neurological problems
- 4 camps per year | 2 each in Nanded & Dhule
- Around 800 & 450 beneficiaries on average attend every Nanded & Dhule camp respectively
- One of the major components is also to create awareness of the importance of balanced nutrition. Tips are provided to parents on how to get nutrition through locally available food and how they can grow kitchen gardens at home
- Assistance provided to access to govt. benefit schemes

Outcomes & Impact

- ❖ 90% of beneficiaries attend the camp solely due to the remarkable progress they witness in their children
- ❖ 51% have reduced epilepsy/seizures
- ❖ 50% children are enrolled in schools
- ❖ 81% reported that they continued the therapy, irrespective of type of therapy taught to them at the Pediatric Neurology camps.
- ❖ 87% who received nutritional counseling have made changes in dietary practices.
- ❖ Nearly 70%, have witnessed improvements in their child's neurological condition since initiating medications at our camps.
- ❖ 84% parents/caregivers have reduced anxiety about their child's future.



Empowering Young Adults Having Developmental Disabilities through Culinary Skills Training

Program Overview: Veruschka Foundation (VF) through its programs & activities, intends to offer a platform that not only skills but empowers individuals with developmental disabilities to lead a dignified life of independence. They equip them with social, market & life skills to become a part of mainstream employment, start their entrepreneurial journey, or lead an independent life at home. KUF has been supporting VF since 2020. The support has been towards overall organizational development.

Cause areas supported:



Disability



Empowerment



Skilling

Program Highlights:

- Started Skill Enhancement and Economic Development (S.E.E.D), a one month of training program in a specific area of hospitality management with placement assistance in the mainstream food industry
- Onboarded Celebrity Chef Pooja Dhingra as their brand ambassador
- 456 students trained till date (850+ online participants)
- 1930 skilling hours | 965 sessions
- Training in Functional Learning covering essential skills like social, communication etc.

Program Activities

Culinary Cookery Institute - Skill Development & Vocational Training

- Skill Enhancement & Economic Development Program (SEED)
- Independent Living Program
- Events
- Custom Culinary Programs

Outcomes & Impact (2023-2024)

- ❖ VF's annual budget has grown from 5 lakh in 2019 to over 45 lakh in 2023
- ❖ Formalized their training courses
- ❖ Trained 150+ students
- ❖ Partnered and collaborated with companies for training & placements



Other interventions and activities undertaken in FY 23-24

IAPA
 Indian Association for Promotion of Adoption and Child Welfare (IAPA) is a voluntary, non-profit organization started in 1970. IAPA works with vulnerable and disadvantaged children; helps secure a family for the deprived and also provides opportunities for education and holistic development of such children.

Since 2008, KUF has been extending funding support towards the cost of treatment and laboratory tests of children referred to IAPA by Bai Jerbai Wadia Hospital for Children, SRCC Hospital for Children & Research Centre, and Jaslok Hospital & Research Centre. IAPA goes through the referred beneficiary's case papers, verifies the socio-economic profile of the child, (through interviews, home visits, and other checks), and post successful verification, pays the cost of their treatment and/or laboratory tests by using these funds.

Cause areas supported:



Health

Research project - Phase 3 randomized study for evaluation of addition of Pembrolizumab immunotherapy to palliative therapy in NSCLC

Low doses of immunotherapy have shown promise in lung, head and neck, and renal cell cancers. Adding immunotherapy is now standard for advanced stage 4 lung cancer without a targetable mutation. However, most patients in low and middle-income countries cannot access these treatments due to high costs. Funded by two of our clients, Tata Memorial Hospital is undertaking an innovative study to develop an affordable treatment regimen using low dose Pembrolizumab. Lung cancer patients planned for palliative therapy will be randomized to receive either standard chemotherapy or standard chemotherapy plus low-dose Pembrolizumab. The primary endpoint is overall survival. If successful, this study could reduce treatment costs by 75%, from 2-2.5 lakhs to 50,000 rupees per month.

Cause areas supported:



Research



Health

Plans for FY 24-25

Integrated Rural Development Program in Loha, Nanded

This year, the plan is to expand the pilots conducted last year to other villages of Loha. The focus will also be on bringing in sustainability within the ongoing projects. KamalUdwadia Foundation will also explore leveraging governing body resources through partnerships across projects.

Multi-disability Rehabilitation in Dhule

KamalUdwadia Foundation has embarked on an ambitious partnership with the Rotary Club and Matruseva Sangh Trust in Dhule to establish a Multi-Disability Rehabilitation Center. Set to launch towards the end of the year, this center will provide a comprehensive array of therapy services to the underprivileged at little or no cost.

New Programs

KamalUdwadia Foundation would also like to support new programs in different geographies under the causes

- Environment
- Education
- Empowerment

Continued support towards ongoing programs

The support towards all the ongoing projects will continue in FY 24-25 as well with a few additional interventions as per the community needs.

Our Partners



**Indian Association for Promotion of
Adoption and Child Welfare (IAPA)**



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