KamalUdwadia Foundation

KAMALUDWADIA FOUNDATION

We believe in changing lives by empowering and caring for the underprivileged communities in India

ANNUAL REPORT

FY 2021-22

KamalUdwadia Foundation

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About Us

KamalUdwadia Foundation is registered as a not-for-profit company u/s 8 of The Companies Act 2013, in Mumbai. It is largely a grant making organisation with primary areas of focus being healthcare and education. Incorporated in early 2019, the year 2020-21 marks the first year of the organization's full-scale projects.

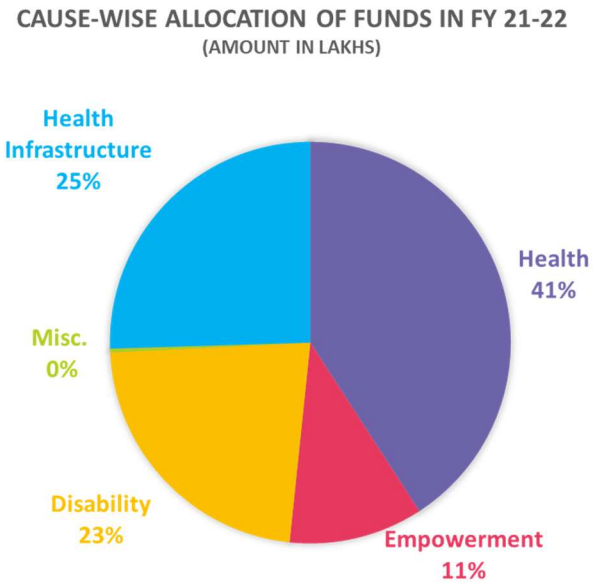
Dr. Anaita, her brother Navroz & their parents, Nergis and Darius Udwadia, had always wanted to set up a non-profit organisation for children with neurological concerns, in memory of their younger sister & daughter, Kamal. Thus, the idea for KamalUdwadia Foundation was conceived. Dr. Anaita, her husband Dr. Hemanth along with their three children, Varun, Rohaan and Anya actively participate in activities of the Foundation.

KamalUdwadia Foundation (KUF) aims to improve the lives of the communities they work with, by empowering them through various interventions. The Foundation's initiatives are spread across the health, disability, livelihood, education, water and sanitation sectors. Its approach is to bring about holistic development by collaborating with multiple stakeholders namely, the local communities, partner organizations and government agencies.

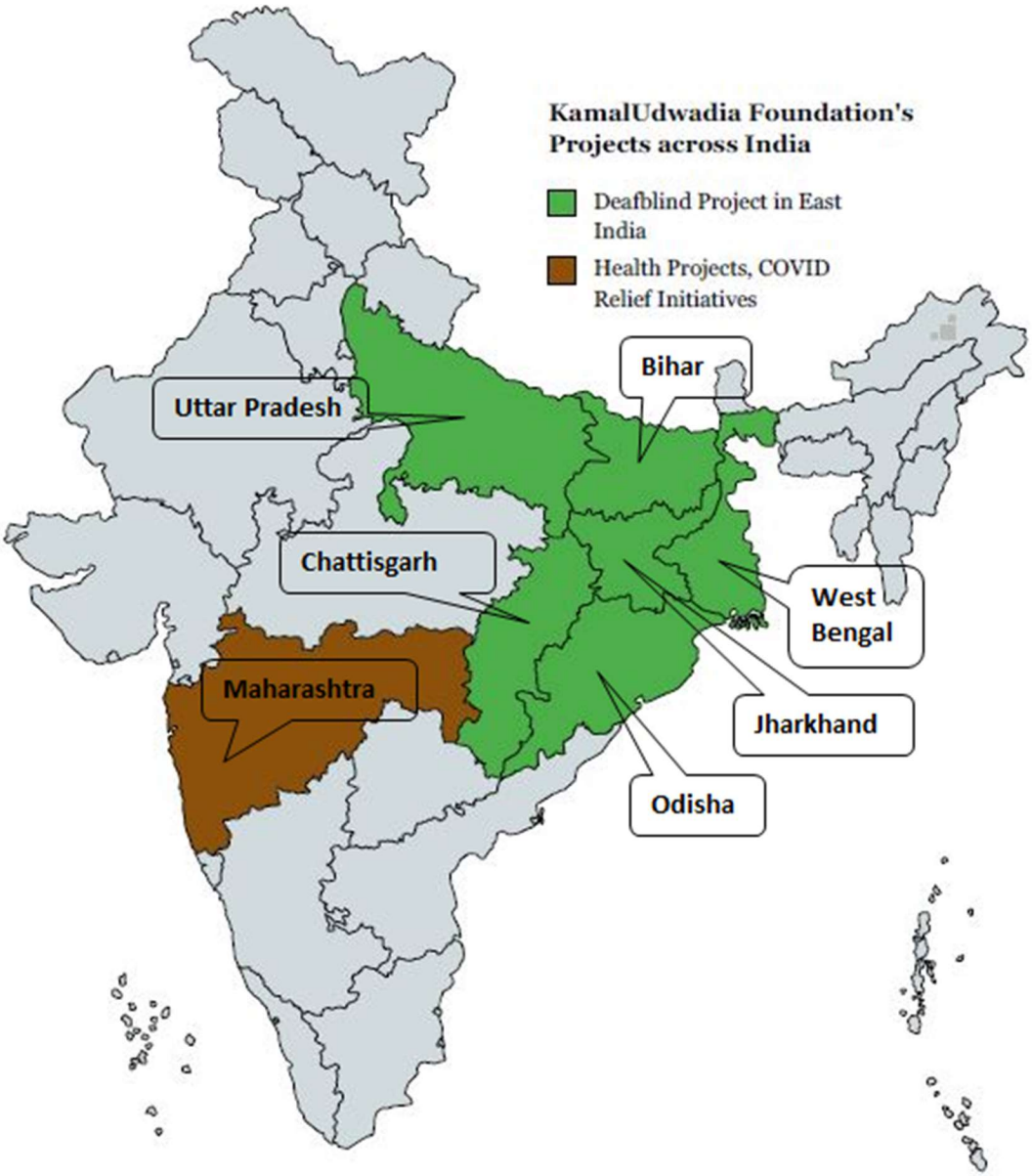
FY 2020-21 - The Year Gone By…

The year 2021 started with the second wave which stalled many of the planned activities. But the work across all projects picked up in the second quarter of the year as COVID-19 started subsiding and project activities were implemented as planned. Following is a snapshot of the sector wise grants made by the foundation.

KUF's Philanthropic Portfolio Grants made in FY 2021-22 (₹ in Lakhs)		
Cause	**Amount**	**% of Total**
Health	78.95	41%
Health Infrastructure	49.25	25%
Disability	43.59	23%
Empowerment	20.89	11%
Goodwill	0.60	0%
Total	**193.28**	**100%**



Geographical spread of KamalUdwadia Foundation's projects



Projects undertaken in FY 2021-22

I. Integrated Rural Development of 30 villages in Loha block of Nanded district in Maharashtra

About the Program: The program started in November 2019 with an objective to reduce mortality through addressing the problem of anemia and malnutrition of women and children in the 30 villages of Loha block, Nanded district of Maharashtra. While the health and nutrition was being improved, in 2021, the interventions progressed to empowering the women socially and economically by providing them livelihood opportunities, building their capacities to address social issues and gain decision making powers. The uniqueness of this project is primarily involving women as community facilitators at the core – nominated as Arogya Sakhis

Maharashtra	Nanded	Loha
State	District	Block
30	30	3000
Villages	Arogya Sakhis	Households

The program's vision is to facilitate holistic development of the 30 villages of Loha through various interventions across health, livelihood, women empowerment, sanitation, education etc. The program mainly focuses on empowering women by undertaking activities to improve their health & lifestyle; by helping them gain financial independence via livelihood activities and creating a space for them to become leaders and participate in actively bringing about a social change; eventually making the program sustainable. **The idea is to create a model that can be replicated across different geographies in future.**

Interventions undertaken:

Mother & Child Health

Livelihood

Sanitation

Women's Empowerment

Social Development

KamalUdwadia Foundation

Quantitative Outcomes

30 Arogya Sakhis i.e. Community Health Facilitators trained

60 Haqdarshikas trained that are facilitating access to Government schemes & benefits to 1000+ Households across the 30 villages of Loha

1400+ Landless Families trained on Agri-allied activities

200 Girls were provided knowledge on Reproductive Health & Financial Literacy

1500+ Kitchen Garden set-ups

3000+ Health Tests for women, adolescent girls and children

₹5.20 lac worth benefits to 142 beneficiaries by Haqdarshikas

100+ Girls provided Vocational training

₹6.50 lac+ Health fund given to members for health needs

Qualitative Impact

Here's what the women shared about the **CHANGE** brought about in their lives due to this program

Could get access to loans during health emergency & could repay the loan as well

Some women can now save at least Rs.100 every month

Women are no longer getting their girls married at the age of 14-15 years

Women are being able to solve social issues

Most people in villages are now using toilets

"Neighbors used to ask my husband 'why are you letting your wife work'. Today when they see that I can financially support my family, they are asking my husband if he can find work for their wives as well"

"Earlier we used to ask our husband/ in-laws if we can step out of the house. Now we just inform that I have to go"

-Women of Loha

Organic Farm of Savita Yeole, Bhamni Village. She grows tomatoes, onions and many other fruits, vegetables & cereals which is used for the family's consumption

Kitchen Gardens of some of the beneficiaries

II. Building an Eco-System to address Multi-Sensory Impairments in East India

About the Program: The project aims to impact the lives of over 125,000 persons with deafblindness and multiple disabilities and their families living in eastern India through strengthening Civil Society Organisations (CSOs), capacity building of parents and teachers, advocacy with the local government and setting-up model centres in each state. Started in the year 2020 under the funding support of KamalUdwadia Foundation and Kamal India Foundation, UK, this project is being implemented by Sense International India and will directly provide early identification/ intervention, education, rehabilitation and vocational training services to 450 children and young adults with deafblindness and multiple disabilities in the six eastern states of India – UP, Bihar, Jharkhand, Chhattisgarh, Odisha and West Bengal in the span of three years.

6	6	43
East India States	Anchor NGOs	Network Partners

These six states face social problems - high incidence of poverty, discrimination, poor infrastructure, remoteness and lack of access to facilities of sectors such as health, education, and social protection policies resulting in socio-economic inequities. Within this, people with deafblindness and multiple disabilities face discrimination in the form of denial to access basic human rights and essential services. Rehabilitation options are particularly poor, with poor developmental indicators in terms of basic minimal services of health, education and rehabilitation services for any disability conditions. The program's mission is to help bridge this gap and to develop an ecosystem to address the needs of people with multi-sensory impairments, especially deafblindness.

Project Outcomes:

- 2920 new-born babies screened for early identification
- 229 children / young adults enrolled so far for early interventions
- 1000+ parents sensitized and trained on the needs and challenges of deafblindness / MD
- Over 150+ Government officials sensitized leading to benefits like nutrition support, receiving assistive devices, scholarships, disability certificate etc.
- 600+ teachers trained to enable them to engage effectively with children and young adults with deafblindness and multiple disabilities

Impact So far:

- Through workshops and trainings, parents now have a better understanding of the needs of their children
- Teachers are able to conduct proper assessment of children identified with risk
- Sensitizing government officials have led to their consideration of including persons with deafblindness/MD in various newly introduced schemes.
- Capacity building and training of multiple organisations has led to creating a network of organisations that can now cater to many more children/ young adults with deafblindness and multiple disabilities

Jitendra, a deafblind beneficiary supported under this project was trained and provided assistance in setting up a shop

Sparsh Center supported through Akanksha, one of the anchor partners under this project based out of Raipur

Therapy support provided to beneficiaries of this project

III. Pediatric Neurology Camps in Dhule and Nanded Districts, Maharashtra

About the Camps: The basic concept and implementation of healthcare programs is till date eluding the rural population of India. Children suffering from neurological disorders and epilepsy are not provided proper intervention and most of the time are not diagnosed and remain unattended for most of their early lives. Jai Vakeel Foundation and the Neurology Department of B.J. Wadia Hospital for Children under the leadership of pediatric neurologist Dr. Anaita Udwadia Hegde have been conducting rural medical camps since 2010 to reach out to these children and provide holistic interventions which include medical, therapeutic, orthotic, nutritional, psychological, speech and auditory assessments and interventions.

Major Activities include
Identification and treatment of children with neurological problems
Provision of free investigations like EEG, MRI, and CT scan for identified children
Guidance for parents/ grandparents regarding therapeutic interventions and rehabilitation needed
Provision of any appliances /orthotics to help the mobility of the child
Assess children for nutritional status and counsel parents and guardians about the same
Provide free medication for nutritional and neurological problems for 3-6 months
Follow-up after six months at the same district
Wherever possible, set up a well-equipped therapy centres in the target districts

The Paediatric Neurology Camps is a collaborative effort by a host of stakeholders that include the local government, non-profit organisations, funders and volunteers.

At Nanded: The Rajasthani Education Society has been supporting the camps since inception. This NGO works with children with Intellectual disabilities and hearing impairments. Their school building is used as a venue and the trust also provides meals to the villagers who come for the camp.

At Dhule: The Sarva Shiksha Abhiyan (SSA), a flagship project under the Ministry of Human Resource Development of the Government of India, supports this camp. The SSA coordinator at Dhule manages the venue, food and the Special Educators and grassroot workers of SSA team manage the activities of the camp.

Other NGOs: Apart from the above, organisations like Ekam Foundation, Annam and KamalUdwadia Foundation have also been supporting the medical camps in many ways

Volunteers: The medical camps are run by volunteers who are professionals from the medical field and other areas. On an average 20-30 volunteers participate in every medical camp.

Funders: Funders like Sun Pharma and others have been extending their support to the camps by providing medicines & nutrition or extending financial support

Services offered

- Pediatric Neurology
- EEG Test
- Orthopaedics
- Occupational Therapy
- Physiotherapy
- Speech Therapy
- Psychological Assessments
- Ophthalmology
- Orthotics
- Nutrition & Dietetics
- Free Medication
- Cardiac Care

Apart from the services offered, through these camps, we also try to create awareness on the importance of balanced nutrition. The beneficiary families are given tips on how to get nutrition through locally available food and how they can grow a kitchen garden at home.

These camps also help beneficiaries to unlock the benefit of the government schemes through the Haqdarshak project. This service includes checking and collecting required documents (often even getting those documents made), submitting applications, and monitoring the delivery of benefits.

Impact and Outreach

11 years | 21000+ Children with neurological problems treated	**800+ and 400+ beneficiaries on an average** at Nanded and Dhule camp respectively
10,000+ beneficiaries received free medicines & nutrition till date	**11,000+ beneficiaries received therapeutic intervention** till date

EEG Test being conducted on a beneficiary

Sakshi Anbade, 11 yrs old, has been attending the camp since 2016. Earlier couldn't sit, eat or hold anything. With medication and physiotherapy, she can now sit, eats proper food and is able to hold objects. Currently, she is attending camps to be able to walk and speak properly

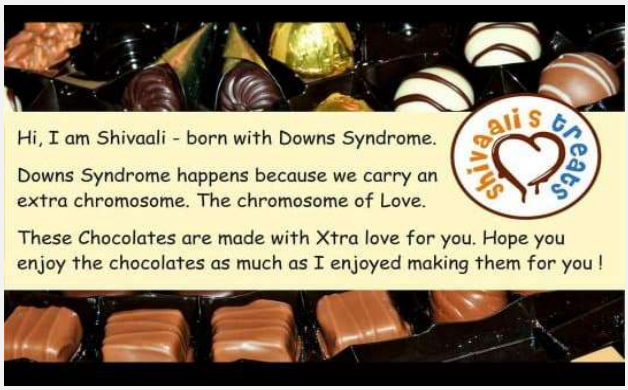
IV. Empowering Young Adults having Developmental Disabilities through Culinary Skills Training

About the Program: Veruschka Foundation is a young NGO based in Mumbai that works with the intellectually disabled. Their aim is to train young adults with intellectual disabilities and empower them to become self-reliant. Veruschka Foundation does this by running a culinary institute that trains these differently abled youth in cooking skills.

KamalUdwadia Foundation provided grants to Veruschka Foundation to help them scale up their operations and reach out to a larger set of beneficiaries.

Impact and Outreach

- **300 beneficiaries trained till date**
- **850+ participants online**
- **1930 skilling hours**
- **965 sessions**



- **1200 sq.ft training institute**
- **Holistic curriculum**
- **Industry standard equipment**
- **Government certified programmes**

V. Counseling Program for COVID-19 in Kinwat & Mahur block of Nanded district, Maharashtra

About the Program: A community counseling program on prevention of the transmission of COVID-19 was undertaken in the Kinwat and Mahur blocks of Nanded with Bharat Jodo Yuva Academy as the implementing partners. Four young residents of Kinwat were identified and trained as Counselors by Institute of Psychological Health (IPH). These four counselors undertook individual as well as group counseling activities to take preventive measures such as maintaining hygiene, encouraging vaccinations, providing assistance in accessing government benefits for families affected by COVID-19 etc.

Impact and Outreach

- **5000+ people across 60 villages received counseling**
- **3000+ people got vaccinated due to outreach and encouragement received from the counselors**
- **20 families received assistance to apply for monetary compensation from govt. for death of a family member due to COVID-19**

Top: Group Counseling by one of the counselors
Bottom: Individual counseling by one of the counselors

Vaccination drive

VI. Other interventions and activities undertaken in FY 21-22

I. **Engagement with IAPA to provide medical support of children:** Indian Association for Promotion of Adoption and Child Welfare (IAPA) is a voluntary, non-profit organisation, started in 1970. That works with vulnerable and disadvantaged children; help secure a family for the deprived and also provides opportunities for education and holistic development of such children.

   Since 2008, Dr. Anaita and Dr. Hemanth have been maintaining an account with IAPA in the name of Kamal Foundation. They have been funding this account to cover the cost of treatment and laboratory tests of children referred to IAPA by Bai Jerbai Wadia Hospital for Children, SRCC Hospital for Children & Research Centre and Jaslok Hospital & Research Centre. IAPA goes through the referred beneficiary's case papers, verify the socio-economic profile of the child, (through interviews, home visits and other checks) and post successful verification, pay the cost of their treatment and/ or laboratory tests by using funds from the Kamal Foundation account. In FY 21-22, KUF extended a donation of INR 10 lacs to IAPA to support these expenses.

II. **COVID-19 Relief:** With the second wave hitting at the beginning of the financial year, there was a need for medical and food supplies at various places where KUF is associated with. As a part of COVID-19 relief contribution, over 25000 N95 Masks and 1000 PPE kits were distributed across Jaslok and Wadia hospital. Around 1000 food kits were also distributed in Nanded in association with Bharat Jodo Yuva Academy.

III. **Health Infrastructure support:** Under Goodwill projects which are a one-time support, KUF sponsored an Ultrasound Machine to LTMG-Sion hospital, HFNC Machine to Jaslok Hospital, an EEG Machine to Jagadguru Kripalu Chikitsalaya, Mathura and blankets for terminally ill patients at Pragati Holistic Development Trust.

Plans for FY 22-23

1. **Expand to areas of interventions under the Integrated Rural Development program of 30 villages in Loha block of Nanded district in Maharashtra**

   Introduce activities under:

   - Solid Waste Management
   - Sports & Education for children
   - Safe drinking water

2. **Expand the geographical and programmatic reach under eco-system building to address multi-sensory impairment with Sense International India**

   - Support project in Goa in addition to the 6 East India states that are currently supported
   - In addition to deafblindness and multiple disabilities, extend support to children & young adults with Intellectual Disabilities, Autism & Cerebral Palsy

3. **Continuation of current programs**

   - Continued support for the ongoing programs to the implementing partners
   - Execute full-fledged on-ground pediatric camps in Nanded & Dhule and expand the outreach efforts

KamalUdwadia
Foundation

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