

Annual Report
FY 2022-23



We believe in changing lives by empowering and caring for the underprivileged communities in India

Contents

About Us	Page 3
FY 2022-23 - The Year Gone by...	Page 3
Cause - wise allocation of funds in FY 2022-23	Page 4
Geographical spread of KamalUdwadia Foundation's projects	Page 5
Areas of Interventions	Page 6
Projects Undertaken in FY 2022-23	Page 7
Integrated Rural Development of 30 villages in Loha block of Nanded district in Maharashtra	
1. Health & Nutrition Project with Swayam Shikshan Prayog	Page 7-8
2. Sustainable Solid Waste Management With EcoSattva Environment Solutions	Page 9
3. Project Kaushalya - Digital Literacy and Sports with Sanskriti Samvardhan Mandal	Page 10
Building an Eco-System to address Multi Sensory Impairments in East India with Sense India International	Page 11
Comprehensive Education and Rehabilitation Services for Persons with Deafblindness, Multiple Disabilities, Cerebral Palsy, Intellectual Disability and Autism in Goa with Sense India International	Page 12
Project Evolve - A Diploma in Applied Arts for Young Adults with Special needs	Page 13
Pediatric Neurology Outreach Programme in Dhule and Nanded District, Maharashtra	Page 14
Empowering Young Adults having Developmental Disabilities through Culinary Skills Training	Page 15
Other interventions and activities undertaken in FY 22-23	Page 16
Plans for FY 2023-24	Page 17
Our Partners	Page 18

ABOUT US

KamalUdwadia Foundation is registered as a not-for-profit company u/s 8 of The Companies Act 2013, in Mumbai. It is largely a grant-making organization with primary areas of focus being healthcare and education. Incorporated in early 2019, the organization's full-scale projects started in the year 2020-21 onwards.

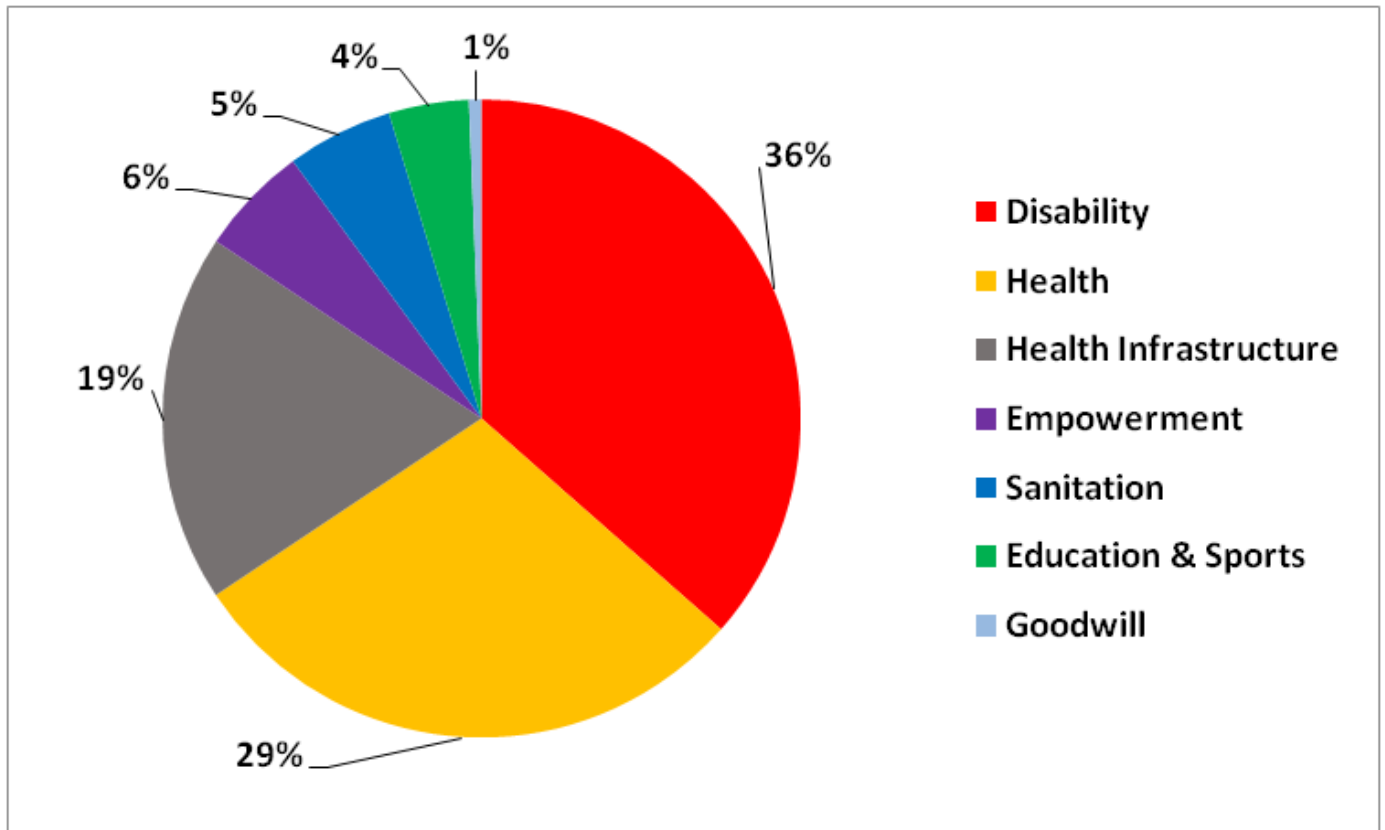
Dr. Anaita, her brother Navroz & their parents, Nergis and Darius Udwadia had always wanted to set up a non-profit organization for children with neurological concerns, in memory of their younger sister & daughter, Kamal. Thus, the idea for KamalUdwadia Foundation was conceived. Dr. Anaita, her husband Dr. Hemanth along with their three children, Varun, Rohaan and Anya actively participate in activities of the Foundation.

KamalUdwadia Foundation (KUF) aims to improve the lives of the communities they work with, by empowering them through various interventions. The Foundation's initiatives are spread across various sectors like health, disability, livelihood, education, women empowerment and some more. Its approach is to bring about holistic development by collaborating with multiple stakeholders namely, the local communities, partner organizations and government agencies.

FY 2022-23 - THE YEAR GONE BY....

After a two year long struggle with COVID-19, life almost resumed to usual in the year 2022. This allowed projects and work to pick up in full swing. Activities could be implemented as planned and KamalUdwadia Foundation could also introduce four new projects this year. Following is a snapshot of the sector wise grants made by the foundation.

KUF's Philanthropic Portfolio - Cause-wise grants made in FY 2022-23



Cause	Amount (in ₹)	% in Total
Disability	77,99,549	36%
Health	62,37,500	29%
Health Infrastructure	40,00,000	19%
Empowerment	11,89,000	6%
Sanitation	11,50,000	5%
Education & Sports	8,66,425	4%
Goodwill	1,35,873	1%
Total	2,13,78,347	100%

Geographical spread of projects undertaken by KamalUdwadia Foundation



Created with mapchart.net

Areas of Interventions



Health and Nutrition



Disability



Livelihood



Waste Management
and Sanitation



Women Empowerment



Social Development



Digital Literacy



Sports



Health Infrastructure

New projects introduced in FY 22-23:

Project Kaushalya - Digital Literacy and Sports in five villages of Loha block in Nanded district with implementing partner, Sanskriti Samvardhan Mandal

Sustainable Solid Waste Management in six villages of Loha block in Nanded district implementing partner, EcoSattva Environment Solutions

Project Evolve - A Diploma in Applied Arts for Young Adults with Special Needs with implementing partner, Child-N-You

Comprehensive Education and Rehabilitation Services for Persons with Deafblindness, MD, Autism, CP and ID in Goa with implementing partner, Sense India International

Projects Undertaken in FY 2022-23

Integrated Rural Development of 30 villages in Loha block of Nanded district in Maharashtra

Program Overview: KamalUdwadia Foundation in 2019 started this initiative with an objective to reduce mortality by addressing the problem of anemia and malnutrition of women and children in the 30 villages of Loha block, Nanded district of Maharashtra. While their health and nutrition was being improved, multiple other gaps were observed that were impacting the overall health as well as the social development in these 30 villages. The project has therefore now taken a multi-disciplinary approach towards integrated rural development. The idea is to create a model that can be replicated across different geographies in future. Here are some of the areas of interventions being undertaken in Loha block since 2019 through multiple implementing partners.

1. Health & Nutrition Project with Swayam Shikshan Prayog

Program Overview: The project began in November 2019, with focused interventions in Health & Nutrition. The uniqueness of this project is primarily involving women as community facilitators at the core – nominated as Arogya Sakhis. Over the years, the Arogya Sakhis have become the women leaders who are the on-ground connect for all interventions.

This year continued its focus on the health and nutrition aspects by encouraging women to take up kitchen gardening, one-acre farming, increasing intake of vegetables in diet etc. The project, also, introduced a bi-annual HB testing to provide special support to high-risk women.

A major activity undertaken this year was creating a Farmers Producers Organization (FPO) where women and Sakhis are trained as micro entrepreneurs and will take a leadership role as Directors for basic functioning of the FPO. This is another step towards making the project sustainable and making the Sakhis self-reliant.

Cause areas supported:

Women Empowerment

Livelihood

Health & Nutrition

Sanitation

Project Highlights



"Village Health & Nutrition Day" (VHND) at Primary Health Centre, where Aarogya Sakhis work with Asha Workers and Anganwadi Workers, to provide basic health and counseling services for reproductive, maternal, newborn child and adolescent health



Entrepreneurship Training and Agri-allied activities



Training in Goat Rearing to landless women

30 Villages
Loha Block, Nanded

3000
Households



Inauguration of Prema Sakhi Farmers Producer Company Limited

HB Testing for 2387 Women

400 Women taking Entrepreneurship Training

One FPO formed with 350 Active Members



Organic Farming

147 Women practising Kitchen Gardening

2. Sustainable Solid Waste Management With EcoSattva Environment Solutions

While working in the Loha block, it was observed that waste management was one of the areas that needed intervention. Dry waste was seen accumulated in open spaces of the villages. With a view to have cleaner villages, the Solid Waste Management project was started this year in six villages of Loha with EcoSattva Environment Solutions. A baseline survey conducted by them showed lack of awareness about waste segregation and disposal. It also showed harmful practice like burning plastic for fuel being commonly followed. The idea of the project is not just to set up systems and processes for Solid Waste Management, but also to bring in a single home to community level awareness on waste management and explore options to use the waste for beautification of these villages. Further as an impact the project also aims to create livelihood opportunities for local people by involving them in waste collection, segregation and forward linkages.

Project Highlights

- Six Villages | 14,100 Population | 1950 Households
- Once a week dry waste collection being carried out
- Distribution of barcode tags to each Household - a unique practice to digitally track the collection status
- Cleanup drives with school students and teachers to encourage them to create a plastic waste free village
- Awareness sessions on ideal waste management in the community and schools

Cause areas supported:

Waste Management

Environment

BOTRAM Methodology

An innovative, cost-effective, equitable & replicable Solid Waste Management transformation process developed by EcoSattva

Baseline Assessment

Onboarding & Orientation

Training & Route Mapping

Resource Recovery

Awareness Campaign

Monitoring & Maintenance



Before



Process



After

3. Project Kaushalya - Digital Literacy and Sports with Sanskriti Samvardhan Mandal

Program Overview: In one of the visits to Loha, Dr Anaita and Dr Hemanth of KamalUdwadia Foundation happened to meet the women and children of these villages. When the children were asked what they wanted, one of their requests was a space to play and computers to learn. Adolescent girls in these villages hardly step out to play. With the aim to provide equal opportunity for every girl and boy to be able to play and learn; Project Kaushalya was introduced this year jointly by KamalUdwadia Foundation and Kamal India Foundation (UK). The program is being implemented by Sanskriti Samvardhan Mandal and aims to bring focus on the Holistic Development of children by imparting two co-scholastic components - Computer Education and Physical Education. Starting with the schools of five villages in Loha block, in the next 3 to 5 years, the project will be taken to a community level offering quality sports infrastructure & education, and setting up of digital labs for professional courses. The project also aims to sensitize parents & teachers on the importance of extra curricular activities for overall development of children and lay a concrete foundation for the aspirants looking for an opportunity in sports and computer besides formal schooling.

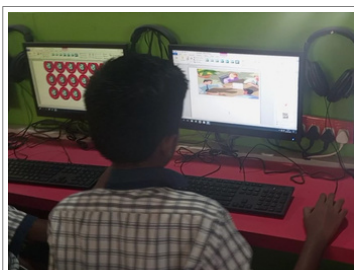
Project Highlights

- Five Villages | Five Schools | 1300+ children
- Indoor & Outdoor Games like Carrom, Chess, Kabaddi, Football etc.
- Setting up computer labs in each school
- After school training and access to computer labs for children
- Building capacities of school teachers for program sustainability

Cause areas supported:

Digital Literacy

Sports



Building an Eco-System to address Multi Sensory Impairments in East India

Program Overview: The project aims to impact the lives of over 125,000 persons with deafblindness and multiple disabilities and their families living in eastern India through strengthening Civil Society Organisations (CSOs), capacity building of parents and teachers, advocacy with local government and setting-up model centers in each state. Started in the year 2020 under the funding support of KamalUdwadia Foundation and Kamal India Foundation (UK), this is being implemented by Sense India International. The project provides early identification / intervention, education, rehabilitation and vocational training services to 450 children and young adults with deafblindness and multiple disabilities (MD) in the six eastern states of India – UP, Bihar, Jharkhand, Chhattisgarh, Odisha and West Bengal in the span of three years.

The project also aims to:

- Build an overall ecosystem in the east region to address the needs of persons with deafblindness / MD.
- Train and sensitize family members, teachers under inclusive education programme (Samagra Shiksha), Govt. officials from departments like health, education and social justice, and CSOs in the region .

Cause areas supported:

Disability

Empowerment



Project Highlights

- Six Eastern States | 6 Anchor NGO partners in each state | 55 Network Organisations
- 1414 parents / family members trained so far on deafblindness and MD to be able to understand their child better and provide the required support
- 795 Samagra Shiksha Abhiyan teachers trained to enable them to deal with children with deafblindness and MD that benefitted 21000+ students
- Employees of 232 NGOs and 274 Government officials trained / sensitized
- 47000+ persons with deafblindness and MD impacted through overall ecosystem building



Comprehensive Education and Rehabilitation Services for Persons with Deafblindness, Multiple Disabilities (MD), Cerebral Palsy (CP), Intellectual Disability (ID) and Autism in Goa

Program Overview: Sense International India (SII) started services for persons with deafblindness and MD in both North & South districts of Goa in partnership with Caritas Goa in the year 2012. In the last ten 10 years, they have reached out to 118 children and adults with deafblindness and MD, trained and sensitized NGO professionals, disability organizations, Samagra Shiksha Abhiyan teachers, govt. officials and parents.

During the course of their work, SII realized that there is a lack of organizations that cater to the needs of children and adults with ID, CP and autism at community level. A large population of persons with deafblindness, MD, autism, CP and ID is still to be reached.

In the last quarter of this year, KamalUdwadia Foundation and Kamal India Foundation (UK) together agreed to extend support to SII in this unique pilot project in reaching out to

- 300 children and young adults with deafblindness, MD and Cerebral Palsy and
- 200 children and young adults with autism and ID and meet their educational and rehabilitation needs through the center and home-based services in Goa in the course over next 3 years.

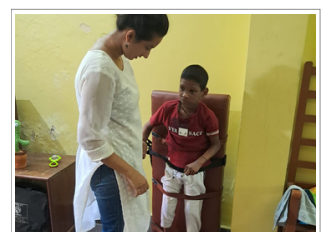
Project Highlights

- Goa State Commission for PwDs in association with the Directorate of Social Welfare and Entertainment Society of Goa organized India's first-of-its-kind inclusive fest named 'Purple Fest' that embraces and celebrates Persons with Disabilities. This first-of-its-kind event was kick-started with the National Convention on Deafblindness organized by SII. The fest gave visibility to deafblindness as a disability among other disabilities. Caritas Goa as Deafblind State Centres (DbSCs) conducted various sensitization programmes to build the capacity of different stakeholders and thereby build the overall eco-system for deafblindness / MD, CP, ID and autism in the State.
- In the first quarter, so far, 22 persons with deafblindness / MD, CP, ID & Autism have been enrolled in the program.
- 29 Govt. officials, 25 SMSA teachers, 61 parents and 2 network organizations have been trained and sensitized

Cause areas supported:

Disability

Empowerment



Project Evolve - A Diploma in Applied Arts for Young Adults with Special needs

Program Overview: Diploma in Applied Arts is a four years program designed and run by Child-N-You in collaboration with Maniben Nanavati Women's College in Mumbai for young adults with special needs. The objective is to enable students to become active contributing members of the society by helping them identify their skills, hone their strengths to match industry standards, work on their social skills, soft skills and build the required expertise to be able to work with other individuals and industrial professionals.

Cause areas supported:

Disability

Empowerment

Skill Training

Project Highlights

- Course commenced in Jan-2023
- 5 enrollments | 4 days a week | Online & Offline classes
- Subjects covered - Culinary Skills, Textiles & Design, Fine Arts and Ceramic Art
- Field trips for exposure



Pediatric Neurology Outreach Programme in Dhule and Nanded District, Maharashtra

The basic concept and implementation of healthcare programs is till date eluding the rural population of India. Children suffering from neurological disorders and epilepsy are not provided proper intervention and most of the time are not diagnosed and remain unattended for most of their early lives. Jai Vakeel Foundation and the Neurology Department of B.J. Wadia Hospital for Children under the leadership of pediatric neurologist Dr. Anaita Udwadia Hegde have been conducting rural medical camps since 2010. They went across Maharashtra conducting the rural medical camps to reach out to these children suffering from neurological disorders. Later, two districts, Nanded and Dhule were shortlisted where these camps have been conducted every year to provide holistic interventions which include medical, therapeutic, orthotic, nutritional, psychological, speech and auditory assessments and interventions.

Project Highlights

- 11 years | 55 Camps held till date
- 23000+ children with neurological problems
- 4 camps per year | 2 each in Nanded & Dhule
- Around 800 & 400 beneficiaries on an average attend every Nanded & Dhule camp respectively
- One of the major component is also to create awareness on the importance of balanced nutrition. Tips are provided to parents on how to get nutrition through locally available food and how can they grow kitchen garden at home
- Assistance provided to access govt. benefit schemes

Cause areas supported:

Disability

Empowerment



Empowering Young Adults having Developmental Disabilities through Culinary Skills Training

Program Overview: Veruschka Foundation is a young NGO based in Mumbai that works with the intellectually disabled. Their aim is to train young adults with intellectual disabilities and empower them to become self-reliant. Veruschka Foundation does this by running a culinary institute that trains these differently abled youth in culinary skills.

KamalUdwadia Foundation has been supporting the Veruschka Foundation since 2020 to help them scale up their operations and reach out to a larger set of beneficiaries.

Cause areas supported:

Disability

Empowerment

Skill Training

Program Highlights

- Started Skill Enhancement and Economic Development (S.E.E.D), a one month training program in a specific area of hospitality management with placement assistance in the mainstream food industry
- Chef Pooja Dhingra joined as a supporter to the cause
- 456 students trained till date
- 850+ online participants
- 1930 skilling hours | 965 sessions
- Training in Functional Learning covering essential skills like social, communication etc.



Other interventions and activities undertaken in FY 22-23

1. Engagement with IAPA to provide medical support to children

Indian Association for Promotion of Adoption and Child Welfare (IAPA) is a voluntary, non-profit organisation started in 1970. IAPA works with vulnerable and disadvantaged children; helps secure a family for the deprived and also provides opportunities for education and holistic development of such children.

Since 2008, KamalUdwadia Foundation has been extending funding support towards the cost of treatment and laboratory tests of children referred to IAPA by Bai Jerbai Wadia Hospital for Children, SRCC Hospital for Children & Research Centre and Jaslok Hospital & Research Centre. IAPA goes through the referred beneficiary's case papers, verifies the socio-economic profile of the child, (through interviews, home visits and other checks) and post successful verification, pays the cost of their treatment and / or laboratory tests by using these funds.

2. Health Infrastructure support

Under Goodwill projects which are a one-time support, KUF provided partial support to Somaiya Trust towards purchase of a Microscope required to perform microneurosurgery at the Advanced Center for Brain and Spine Surgery at K.J. Somaiya Hospital and Medical College. The inauguration of this Microscope was done towards the end of December 2022. So far, surgeries on 63 patients have been performed with the help of this equipment.

Plans for FY 2023-24

Integrated Rural Development Program in Loha, Nanded

The plan is to expand the areas of interventions under the following:

- Potable Water Solutions
- Afforestation
- Environment Education to Children

Pediatric Neurology Camps

In FY 23-24, the goal is to initiate steps towards making these camps sustainable by pitching for a Public Private Partnership. The idea is to create a sustainable model with the help of government and local implementing organizations that can be replicated in other geographies.

New Initiatives

KamalUdwadia Foundation would also like to support new programs in different geographies under

- Health
- Environment
- Sports

Continued support towards Ongoing Programs

The support towards all the ongoing projects will continue in FY 23-24 as well with a focus on bringing in program sustainability.

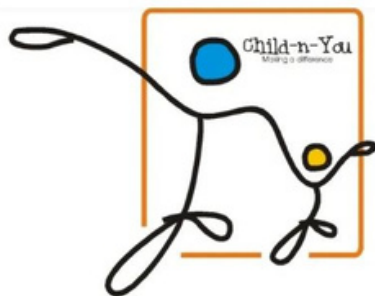
Our Partners



Indian Association for Promotion of
Adoption and Child Welfare (IAPA)



SANSKRITI
SAMVARDHAN
MANDAL
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SRCC CHILDREN'S HOSPITAL



JAI VAKEEL
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