

## Impact Stories from KamalUdwadia Foundation's Health Project in Loha Block, Nanded

### **Impact Story: Leader - Ms. Payal Kokate, Village - Bamni, Block - Loha, District - Nanded**

With the corona virus outbreak and the lockdown, many families in rural India were facing starvation. Payal Kotake, our Arogya Sakhi supported the Anganwadi Workers by distributing 30 grocery kits to mothers with young children (below 5 years) in Naman village, Loha Block, Nanded district Maharashtra.

Young graduate Payal Kokate is an inspirational leader for many in Bamni village, Nanded district. Since the lockdown was announced in March 2020, Nanded's only source of vegetable market is closed creating difficulty to sell. Payal helped mobilize 3 women vendors from the village to sell their produce, creating an added income of ₹200 per day for them. She ensured that 200 families in her village are getting organic vegetables.

*"I thought of helping poor women to earn during difficult situations and also help the villagers with daily needs," says Payal.*

Payal along with Gowri Krishi Ghat prepared 200 masks with 5 other women and distributed them to the poor families. The cost for the masks was borne by the #KrishiGroup. "While working on women and child health at village level, we created a self help group. Through this group many activities are carried out. There is a need to stop this COVID outbreak through solutions but the rural areas don't have many options. That is why we provided face masks free of cost to villagers and will continue to help in whatever way possible."



Photos from Payal Kokate's work in Bamni village, Loha Block, Nanded District

## Impact Story: Leader - Ms. Jijabai Wad, Village - Madki, Block - Loha, District - Nanded

Jijabai Wad did not get a chance to complete her education due to early marriage but her will to serve the poorer sections of society kept her going. This desire prompted her to become an Arogya Sakhi of Madki village.

Jijabai Wad is working closely along with the Gram Panchayat and village-level functionaries. She is promoting kitchen gardening and conducting hand wash demonstrations for the villagers. She is actively referring symptomatic people to healthcare officials at the nearest PHC in Sonkhed. Jijabai Wad even stopped social gatherings in her village where people were not maintaining social distance by calling the local police helpline 100.

Jijabai assisted in Take Home Ration (THR) distribution in Anganwadi Centres. She is also advocating for the richer villages to employ the poor in her village. Jijabai Wad took the initiative to encourage her self-help group to help 10 poor and elderly households by using SHG savings in hand to provide rations and essential items.

Jijabai is an inspiration and a role model for others in her village, especially during the pandemic.



Photos from Jijabai Wad's work in Bamni village, Loha Block, Nanded District

**Impact Story: Leader - Ms. Dubai More, Village - Dagadgao, Block - Loha, District - Nanded**

Arogya Sakhi Deubai More of village Dagadgao found multiple ways to help people during the lockdown. 25 unemployed Dagadgao villagers got MGNREGA ongoing road work after Deubai took up this matter with the Sarpanch and Rozgar Sevak.

Deubai More conducted a survey of 100 villagers who did not have any type of ration cards in their names and were needy. Deubai More took this matter to the Sarpanch and PDS shop owner then she sent an application to the block office to look into the matter.

Deubai distributed sanitary pads from the PHC at Sonkhed to adolescent girls in Dagadgao village. Moreover she helped 5 anaemic women right from diagnosis to starting their treatment at the PHC in Sonkhed.

Deubai More also helped distribute rations donated by the Zilla Parishad school teachers to 25 needy families.



Photos from Deubai More's work in Dagadgao village, Loha Block, Nanded District